



## POLYCOSE SCREEN – PROTOCOL CHANGES

We have reviewed our protocol for doing the 50g Polycose load test and the new instructions we give to patients are as follows:

- 1) No appointment is necessary.
- 2) You **are not** required to fast for this test.
- 3) We remind you to allow at least 1 hour prior to closing time of the Pathlab room.
- 4) You will be given a measured Polycose drink at the laboratory and asked to remain on the premises for a period of 1 hour after which you will have another blood test.
- 5) No smoking, and no food or fluid may be taken apart from water between having the drink and having the blood test.
- 6) If the interval between the Polycose drink and blood collection exceeds 1 hour 10 min, the test is invalid and must be repeated on another day.

***Please note that patients are now advised to remain on-site for the duration of the test (1 hour) and should ideally have the test in the morning.***

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